Portfolio Introduction

Virtual Disaster Day is the translation of an in-person live educational role-playing scenario to an online platform. The game is centered around triaging, diagnosing, treating, and dismissing these patient cases. Multiple disciplines attend Disaster Day and take on their unique roles. For this reason, the game was split into segments based on where those disciplines would be located in the game. The goal of this portion of Disaster Day is to recreate the experience of working in the pop-up field hospital. This location begins with secondary triage, where nursing students retriage patients before they enter the field hospital proper.

This document captures the core gameplay for most players (distinguished from patients).

The Inventory Bot rules were created by my coworker, Rami Abu-Hamdan. All other elements were created by me and reviewed by our Design Lead, Marty Newcomb.

Contents

| Portfolio Introduction | 1 |
|---|--------|
| Overview | |
| Turn Order and Rounds | |
| Progress Wheels and Segment Points (SP) | |
| The Inventory Bot | |
| Interprofessional Communication Points | |
| Field Hospital IPC Points | |
| Action Tables | |
| 1 MIUII 1 autos | ٠٠٠٠ ر |

Overview

The game is played in the following manner:

- 1. A patient enters the game at Secondary Triage. They will simultaneously enter the Triage voice channel in Discord.
 - a. The patient walks to a tarp or to the waiting area.
 - b. If a patient is not seen in a timely manner, they might **go prone** in response to neglect. This patient will fall to the floor and is in dire need of help.
- 2. The patient is triaged by the team in Secondary Triage.
 - a. Players ask the patient questions to determine their condition. No turn order or progress wheels apply here.
- 3. If the patient is admitted to the Field Hospital, a charge nurse assigns the patient to a ward and a bed.
 - a. The charge nurse speaks with the patient in a voice channel (Charge Nurse X in the server).
 - b. Then, the charge nurse assigns the patient to a **ward** and a **bed**. (e.g., Ward 1 Bed 3.)
- 4. The patient enters the ward and **turn order** begins.
 - a. The patient walks through the portal in VRchat to enter the ward. They also join players in the appropriate Ward X voice channel in Discord.
 - b. Players view an active livestream of a patient. They speak to the patient as if they were present.
 - c. Players address issues with the patient by **announcing** an action.
 - i. For instance, "I am going to apply a tourniquet to the patient."
 - ii. Waiting, Observing, and Monitoring are viable actions.
 - d. Once announced, the player should **describe their action**.
 - e. The action is **automatically successful**. If there is an active progress wheel, the patient **fills in wheel segments** or **stops the wheel** in response to player actions at the **end** of the round. If there are no more actions to take, the round ends immediately.
 - i. Some wheels are invisible to players. Not every condition is visible!
 - f. Without interruption by the players, when all segment pieces have been filled, the wheel is considered completed and the consequence is applied.
 - g. The patient remains until their case is resolved.
- 5. When a case is complete, the patient is discharged. They will leave VRchat and the Ward X voice channel they were in.

Turn Order and Rounds

The first round begins when the first patient enters the ward.

- 1. Patient arrives, signaling the first round.
- 2. Players begin in this **turn order** (as applicable):
 - 1. Nurse

- 2. Doctor
- 3. Pharmacist
- 4. Athletic Trainer
- 5. (Any additional nurses or trainers are placed either before the first nurse or after the first trainer.)
- 3. Keep in mind:
 - 1. **Turn order is applied to all patients at once.** There is no need to begin from the top with each patient.
 - 2. Places within the turn order can be changed at will. Players who want to swap their turn order simply declare they will be swapping their places when their turn arrives.
- 4. Each player announces their action for the turn.
- 5. The round ends when at least one SP is spent by any player action and all turns have been taken.
- 6. If there are **no patients in the ward, the turn order is dropped.** When a new patient arrives, enter turn order again.

Progress Wheels and Segment Points (SP)

Events within the Field Hospital are tracked with Progress Wheels. Each wheel is made of either 4, 6, 8, or 12 pieces. These pieces are called **segments**. **SP** refers to a **segment point**. A completed Progress Wheel results in a **consequence**. For instance, a patient may have the wheel presented in *figure 1*. Each action will progress the wheel by a certain number of segments. Players will see there is a wheel but may not know what consequence will come at the end of it. Once a wheel is interrupted, **it is interrupted forever**, meaning it cannot come back for any reason.

Actions can occur **immediately** or **at the end of the next turn.** Immediately means you will receive information in your turn, no matter how many SP are spent. End of the round means information is given when all players have performed actions and the round has ended. Example actions are at the end of this document. These tables are **not** an exhaustive list of every action in the game; rather, they act as a guide for determining new actions.

The Inventory Bot

Some actions require an **item**. Items are represented by **emojis** within Discord. There may be multiple items with the same icon. When you take an action that uses an item, use that item's emoji in the appropriate ward channel. This will allow the **inventory bot** to track what items were used.

To use Disaster Day emojis:

- 1. Type a colon, then begin typing the **emoji name** (see the emoji table below).
- 2. Type the proper name, then follow with another colon. For example, to use a BP Cuff (see in *Figure 1*), you would type, :bloodPressureCuff:

3. Press **enter** to send the message. The Inventory Bot will respond with the emoji name to signify that you have used an item.



Figure 1: A player uses a BP cuff.

| Item | Emoji Name |
|------------------------------------|--------------------|
| Generic Item (Example) | genitem |
| 1 mL syringes | syringe 1m |
| 3 mL syringes | syringe 3m |
| 5 mL syringes | syringe_5m |
| Insulin syringes | syringe_insulin |
| Toomey syringes | syringe_irrigation |
| IV start kits | iv_start |
| NS IV Flush Syringes | iv flush |
| Nasal Cannula | nasal can |
| Nasogastric Tubing | nasogastric |
| Large Gauze Pads | gauze_L |
| Gauze Pads 4X4 | gauze_4 |
| Gauze Pads 2X2 | gauze_2 |
| Kerlix Rolls | kerlix |
| Thermometer | thermometer |
| Thermometer probe covers | thermometer_cover |
| Alcohol pads | alcohol pads |
| Baby wipes | baby wipes |
| Clorox wipes | clorox_wipes |
| Transpore Medical Tape 1/2" width | tape_transpore |
| Silk Medical Tape 2" width | tape_silk |
| Non-Latex Gloves | gloves |
| Non-Rebreather Masks | mask |
| Manual BP Cuffs | bloodPressureCuff |
| Crutches | crutches |
| Wheel Chair | wheel chair |
| Pulse Oximeter | pulse_ox |
| Allergy Band Orange | allergy_orange |
| Allergy Band Red | allergy_red |
| Tumescent Y Tubing | tumy |
| "Y tubing" Blood Tubing w/ filter | y_tube |
| IV tubing (free flow, no IV pumps) | iv tubing |

| IV catheters - 18 gauge | iv cath 18 |
|-------------------------------|-------------------|
| IV catheters - 20 gauge | iv cath 20 |
| IV catheters - 23 gauge | iv cath 23 |
| IV catheters - 25 gauge | iv cath 25 |
| Foley kits | foley |
| Chest tube | chest tube |
| Chest tube insertion kits | chest_insert |
| Chest tube chamber | chest_chamber |
| NS irrigation solution | irrigation_sol |
| Israeli Pressure Dressing | pressure_dressing |
| SAM Splints | splint |
| Restraints | restraint |
| Slings | sling |
| Tourniquets | tourniquet |
| Paper Towels | paper_towel |
| Blankets | blanket |
| Disposable diapers | diapers |
| C-Collar Adult | collar_adult |
| C-Collar Pediatric | collar_pediatric |
| Emergency Airway Kit | airway_kit |
| Patient ID wristbands | id band |
| Triage tags | triage_tag |
| Ambu bags | ambu_bag |
| Glucometer | glucometer |
| Glucometer strips | gluco_strips |
| Hospital gowns | h_gown |
| Plastic bedpan | bedpan |
| Plastic kidney bowls | kidney_bowl |
| Hand Sanitizer | hand_sanitizer |
| ISTAT (portable lab) | istat |
| ISTAT strips | istat_strips |
| ISTAT reagents | istat_reagent |
| Dermabond | dermabond |
| Lactated Ringer IV Fluid Bags | iv_bag |

Interprofessional Communication Points

- 1. When a player communicates fully and effectively, *any other player* can award an **IPC point**.
 - a. When the point is awarded, the player awarding the point must **explain** why they are awarding the point. For example: "I'm awarding you an IPC point for checking back with Josey on the IV dosage."

- b. Faculty can also award IPC points for good communication and, unique to their role, remove points if communication degrades. Faculty can award an IPC piece to the team as well.
- 2. **3 IPC points** (held by any player) convert into an IPC reward.
- 3. Any player can use the team's IPC reward to reverse a negative event or bolster a positive event.
- 4. If players accrue pieces and hold on to them, they may use those pieces on a different patient later in the game.
 - a. This makes effective and clear communication a game-wide resource, not a short-term commodity.
 - b. A player can have a **maximum of one IPC reward**. They cannot gain more IPC points until they have used existing pieces. This creates a maximum of **three IPC points**. However, teams have no limit other than the number of players.

Field Hospital IPC Points

- Patients cannot award IPC points. This encourages the team to pay attention to one another as well as the patient.
- IPC points (held by any player) convert into an IPC reward when the player decides to spend them.
- During the next round, any player can use the team's IPC piece to walk back one progress wheel segment.

Action Tables

General Actions

| Action | SP | Enacted |
|--|------|------------------|
| Assist another player's action | Free | Immediately |
| Ask patient questions (up to 3) | Free | Immediately |
| Ask patient questions (3+) | 1 | Immediately |
| Counsel on Medication | 1 | Immediately |
| Disposition and Home Care Instruction | 1 | Immediately |
| Call for assistance/backup/help/doctor | Free | Immediately |
| Respond to call for assistance | 1 | End of Next Turn |

| Observe/Monitor patient | 1 | End of Next Turn |
|-------------------------|------|------------------|
| Declare active patient | Free | Immediately |
| Order prescription | 1 | Pharmacy's Turn |

Assessment Actions

| Action | SP | Enacted |
|--|------|------------------|
| Declare assessment of vitals | Free | Immediately |
| Apply pulse oximeter - measure SPo2 and heartrate | 1 | Immediately |
| Assess temperature | 1 | Immediately |
| Palpate pulse and count respirations - measure heartrate and respiratory rate (should be 60 seconds of counting) | 1 | Immediately |
| Apply blood pressure cuff - measure BP | 1 | Immediately |
| Assess pain level - # out of 10 | Free | Immediately |
| Assess level of consciousness | Free | Immediately |
| Head-to-toe assessment (rotating patient, asking questions) | 1 | End of Next Turn |
| Focused assessment (of a specific organ or issue) | 2 | End of Next Turn |

Specific Actions

| Action | SP | Enacted |
|-------------------------------------|----|------------------|
| Apply tourniquet (bleeding control) | 1 | End of Next Turn |
| Apply IV | 1 | Immediately |

| Apply pressure (to dressing or wound) | Free | Immediately |
|---|------|------------------|
| Apply pressure wrap (bleeding control) | 1 | Immediately |
| Clean wound | 1 | End of Next Turn |
| Apply bandage | 1 | Immediately |
| Use shears | 1 | End of Next Turn |
| Assess the patient's airway | 1 | Immediately |
| Provide food | 1 | End of Next Turn |
| Apply ointment on wound | Free | Immediately |
| Needle decompression | 2 | End of Next Turn |
| Apply neck brace | 1 | End of Next Turn |
| Crutches instruction | 1 | End of Next Turn |
| Provide oxygen | 1 | Immediately |
| Draw serum (blood) | 2 | 2 Turns |
| Apply splint | 1 | 2 Turns |
| Administer vaccine (including sharp disposal) | 1 | End of Next Turn |